

Teacher Reflection Questions for SEL

Ask yourself the following questions when challenging behaviors occur.

	Yes	No	Sometimes
Did I review the daily schedule with students throughout the day?			
Did I review the rules with the whole class during morning meeting?			
Did I give clear expectations/directions?			
Did I tell students what to do instead of what not to do?			
Did I have all materials ready prior to an activity?			
Did I give students choices throughout the day?			
Did I give students transitions warnings to all students?			
Did I reduce wait time for all students?			
Did I plan time to work with students who need extra support or individualize instruction for positive behaviors to occur?			
Did I give students specific praise for engaging in appropriate activities and behaviors?			
Did I talk about my feelings and model emotions?			
Did I plan for specific peer-to-peer interactions and support friendship skills?			
Did I model problem solving with the whole group and individually?			

Title of Resource	Teacher Reflection Questions for SEL
Content Area	SEL
Brief Description/How to use it :	The questionnaire should be used as a reflection piece for teachers and staff after challenging behaviors occur. The teacher self-assessment can be completed by staff members to ensure students received the necessary supports to demonstrate positive behaviors. It should serve as a reminder to model emotions, problem solving, and friendship skills daily.
Standards aligned (TN-ELDS)	PK.SPC.SM.2 Demonstrate ability to modify behavior in different situations using multiple problem solving strategies (e.g. trade, take turns, share, wait) with or without adult guidance and support.