

TCAP Writing Operational Test

TCAP/WA

DIRECTIONS

In a few moments, you will see a passage(s) and a prompt. You are to plan and write an essay about the passage(s) according to the instructions provided in the prompt. This activity will show how well you write. Express your thoughts clearly and make your writing interesting to the reader. Your essay will be scored as a rough draft, but you should watch for careless errors.

Before writing, spend some time reading the passage(s), thinking about the prompt, and planning your thoughts.

WRITE ONLY ON THE PROMPT AND PASSAGE(S) YOU ARE GIVEN.

The time you have for writing is 60 minutes.

**PROMPT L – GRADE 5 WRITING ASSESSMENT
TENNESSEE COMPREHENSIVE ASSESSMENT PROGRAM (TCAP)
2013 OPERATIONAL TEST**

The following passage and graphic deal with flavored milk and schools.

Excerpt from “Should Flavored Milk be Available in Schools?”

The School Nutrition Association wrote in its June 2006 report “Availability of Flavored Milk in Schools,” that:

“Flavored milk is offered by 97% of school districts. Almost all school districts (94%) offer flavored milk five days a week. Milk with reduced fat levels (2%, 1%, or fat-free varieties) is offered by 99% of school districts.

Chocolate milk is almost always offered on the meal line. Chocolate milk with a 1% fat level is the most commonly available variety. About 15% of schools do not offer chocolate on the a la carte line; this reflects that not all school districts have a la carte.

Strawberry milk is offered in about 65% of districts on both the meal line and a la carte line. Low fat (1%) is the most popular fat level for strawberry milk.

Vanilla milk is currently offered by approximately one-quarter of school districts. Low-fat vanilla milk is the most widely available fat level.

Coffee/mocha milk is offered by 10–15% of school districts.

About 12% of school districts serve other flavors on the line. About 14% offer other flavors a la carte. Other flavors might include banana, orange/orange cream, raspberry, blueberry, rootbeer, cookies and cream, and dulce de leche.”

“Should Flavored Milk Be Available in Schools?” Copyright © 2006. Reprinted by permission of School Nutrition Association.

FLAVORED MILK

The Facts

CHOCOLATE MILK = SAME 9 ESSENTIAL NUTRIENTS AS WHITE MILK
CALCIUM, VITAMIN D, RIBOFLAVIN, PHOSPHORUS, PROTEIN, POTASSIUM, VITAMIN A, VITAMIN B-12, NIACIN

CHOCOLATE MILK = 38% LESS SUGAR THAN JUST 5 YEARS AGO

CHOCOLATE MILK = ONLY 3% OF ALL ADDED SUGARS IN CHILDREN'S DIETS VERSUS SODAS AND FRUIT DRINKS' 45%

CHOCOLATE MILK = HELPS CHILDREN FILL NUTRIENT GAPS ON VITAMIN D, CALCIUM, AND POTASSIUM

FLAVOR-FILLED FACTS:
OVERALL MILK CONSUMPTION DROPS 35% WHEN FLAVORED MILK IS NOT OFFERED AT LUNCH. AMERICANS AVERAGE JUST ONE SERVING OF MILK EACH DAY – FAR FROM THE RECOMMENDED 3 SERVINGS (FOR KIDS AGES 9 AND OLDER).

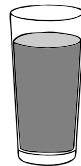
OUR KIDS DON'T NEED FLAVORED MILK!

TELL YOUR SCHOOL YOU WANT WHOLESOME, PURE MILK INSTEAD!

Schools are a place for kids to learn healthy habits. Let's make flavored milk a treat, and promote pure milk and fresh drinking water.

"CHOCOLATE MILK IS NOT THE NUTRITIONAL EQUIVALENT OF REGULAR MILK."

- Marlene Schwartz, PhD, Deputy Director for the Rudd Center for Food Policy & Obesity at Yale University



x 2 =

Sugar
8 pounds

An 8 oz. carton of flavored milk contains about 3 teaspoons of added sugar on top of 12 grams of milk's natural sugar, lactose. Consumed at breakfast and lunch, that would be 6 teaspoons, or nearly 100 calories, of additional sugar per day. This is 8 POUNDS of added sugar just from flavored milk per school year for each kid.

"CHOCOLATE MILK IS NOT THE NUTRITIONAL EQUIVALENT OF UNFLAVORED MILK. IT IS SIGNIFICANTLY HIGHER IN CALORIES, SUGAR, AND SODIUM, AND USUALLY CONTAINS ARTIFICIAL COLORS AND FLAVORS."

Marlene Schwartz, PhD, Deputy Director for the Rudd Center for Food Policy & Obesity at Yale University

READ THIS WRITING PROMPT CAREFULLY BEFORE YOU BEGIN YOUR WRITING.

Flavored Milk

Flavored milk is popular with many students, but some people believe that flavored milk should not be served in school cafeterias.

Write a letter to your principal in which you take a position: do you agree or disagree with serving flavored milk in your school cafeteria? Be certain to use the information in the article and infographic to support your point of view. Use facts, definitions, concrete details, quotations, and examples from the article and infographic to write about the subject knowledgeably. Also, remember to use correct grammar, usage, capitalization, punctuation, and spelling when writing your essay.

You may use the space below for prewriting. However, only the lined pages of your answer document will be scored. You will have a time limit of 60 minutes.

This writing prompt must be returned with all test material.