



Early Childhood Books for Social-Emotional Learning

Nashville Public Library

Being a Friend

Best Friends by Steven Kellogg
Blue Chameleon by Emily Gravett
City Dog, Country Frog by Mo Willems
Days with Frog and Toad by Arnold Lobel
A Friend by Anette Bley
Friends by Elaine Scott
How Humans Make Friends by Loreen Leedy
How to Be a Friend by Laurie Krasny Brown & Marc Brown
The Lion & the Mouse by Jerry Pinkney
My Best Friend by Mary Ann Rodman
My Friend Rabbit by Eric Rohmann
Say Hello by Jack Foreman
Solomon Crocodile by Catherine Rayner
We Can Get Along by Lauren Murphy Payne
Yo! Yes? by Chris Raschka

Differences

All the Colors of the Earth by Sheila Hamanaka
The Art of Miss Chew by Patricia Polacco
Big Al by Andrew Clements
Bob and Otto by Nick Bruel
Candy Shop by Jan Wahl
Chrysanthemum by Kevin Henkes
The Colors of Us by Karen Katz
Different Just Like Me by Lori Mitchell
Guji Guji by Chih-Yuan Chen
Hope by Isabell Monk
Horace and Morris But Mostly Dolores by James Howe
Julián Is a Mermaid by Jessica Love
The Junkyard Wonders by Patricia Polacco
Leo the Late Bloomer by Robert Kraus
My Princess Boy by Cheryl Kilodavis
It's Okay to Be Different by Todd Parr
The Sandwich Swap by Queen Rania
Skin Again by bell hooks
The Skin You Live In by Michael Tyler
Tacky the Penguin by Helen Lester
Thank You, Mr. Falker by Patricia Polacco
A Walk in the Rain with a Brain by Edward Hallowell
We Are All Alike, We Are All Different by Cheltingham Elementary School

Problem Solving

Dealing with Arguments by Lisa K. Adams
I Did It, I'm Sorry by Caralyn Buehner
The Selfish Crocodile by Charles Faustin
Simon and Molly plus Hester by Lisa Jahn-Clough
Working with Others by Robin Nelson
What Do You Do with a Problem? by Kobi Yamada

Feelings

Feelings by Alik
The Feelings Book by Todd Parr
How Are You Peeling: Foods with Moods by Saxton Freymann
It's Hard to be Five: Learning How to Work My Control Panel by Jamie Lee Curtis
My Many Colored Days by Dr. Seuss
Sometimes I Feel Like a Storm Cloud by Lezlie Evans
Today I Feel...: An Alphabet of Moods by Madalena Moniz
Today I Feel Silly & Other Moods that Make My Day by Jamie Lee Curtis
The Way I Feel by Janan Cain
Yesterday I Had the Blues by Jeron Ashford Frame

Worried Feelings

Big Wolf & Little Wolf: Such a Beautiful Orange! by Nadine Brun-Cosme
The Bravest of Us All by Marsha Diane Arnold
Silly Billy by Anthony Browne
Something Might Happen by Helen Lester
Thundercake by Patricia Polacco
Walter Was Worried by Laura Seeger
Wemberly Worried by Kevin Henkes
The Wolves in the Walls by Neil Gaiman
The Worrywarts by Pamela Duncan Edwards

Happy Feelings

Augustus and His Smile by Catherine Rayner
The Boy Who Cried Fabulous by Leslea Newman
If You're Happy and You Know it! by Jan Ormerod
In Search of Happiness by Juliette Saumande
The Feel Good Book by Todd Parr
Summerhouse by Laurence Anholt
Taking a Bath with the Dog by Scott Menchin
What Makes Me Happy? by Catherine & Laurence Anholt

Sad Feelings

Feeling Sad by Joy Berry
Hurty Feelings by Helen Lester
Misery Moo by Jeanne Willis
My Friend is Sad by Mo Willems

Families and Loving

Always by Ann Stott
Do You Know What I'll Do? by Charlotte Zolotow
Families by Ann Morris
The Great Big Book of Families by Mary Hoffman
Homemade Love by bell hooks
I Love You the Purplest by Barbara M. Joose
The Kissing Hand by Audrey Penn
Koala Lou by Mem Fox
Love is a Good Thing to Feel by Barbara Joose
Loving by Ann Morris
That's Love by Sam Williams
The Middle-Child Blues by Kristyn Crow

Angry or Mad Feelings

Alexander and the Terrible, Horrible, No Good, Very Bad Day by Judith Viorst
Anh's Anger by Gail Silver
Andrew's Angry Words by Dorothea Lackner
Angry Dragon by Thierry Robberrecht
Badger's Bad Mood by Hiawyn Oram
The Chocolate Covered Cookie Tantrum by Deborah Blementhal
How do I Feel About Being Angry by Julie Johnson
Mouse Was Mad by Linda Urban
Sometimes I'm Bombaloo by Rachel Vail
That Makes Me Mad! by Steven Kroll
The Rain Came Down by David Shannon
Rain Romp, Stomping Away a Grouchy Day by Jane Kurtz
Running Away from Home by Nigel Gray
When Sophie Gets Angry – Really, Really Angry by Molly Bang
Lily's Purple Plastic Purse by Kevin Henkes.
Where the Wild Things Are by Maurice Sendak

Scared Feelings

Bear Feels Scared by Karma Wilson
Brave Ben by Mathilde Stein
The Dearest Little Mouse in All the World by Antonie Schneider
Garmann's Summer by Stian Hole
I'm Not Going Out There! by Paul Bright
I Am Not Going to School Today by Robie H. Harris

Ira Sleeps Over by Bernard Waber
It is the Wind by Ferida Wolff
Little Cloud and Lady Wind by Toni Morrison
Little Mouse's Big Book of Fears by Emily Gravett
No Such Thing by Jackie French Koller
Sam Is Never Scared by Thierry Robberecht
Scaredy Squirrel by Melanie Watt
Sheila Rae, the Brave by Kevin Henkes

Caring About Others, Empathy

A Sick Day for Amos McGee by Phillip Stead
Because of You by B. Hennessy
I Am Sharing by Mercer Mayer
Sometimes I Share by Harriet Zeifert
Thank You, Omu! by Oge Mora
We Are Best Friends by Aiki

Self Confidence

ABC I like Me by Nancy Carlson
Amazing Grace by Mary Hoffman
Arthur's Nose by Marc Brown
A Bad Case of Stripes by David Shannon
The Day You Begin by Jacqueline Woodson
I Got It! by David Wiesner
I Like Myself by Karen Beaumont
Little by Little by Amber Stewart
Peep by Maria Van Lieshout
Too Loud Lily by Sophia Laguna
Whistle for Willie by Erza Jack Keats
Wow! It Sure is Good to Be You! by Cynthia Jabar

Behavior Expectations

11 Experiments That Failed by Jenny Offill & Nancy Carpenter
17 Things I'm Not Allowed to do Anymore by Jenny Offill & Nancy Carpenter
The Big Box by Toni Morrison
Do Unto Otters by Laurie Keller
Hello Goodbye and a Very Little Lie by Christianna Jones
Can We Help? by George Ancona
Lizzy's Do's and Don'ts by Jessica Harper
Mrs. Gorski, I Think I Have the Wiggle Fidgets by Barbara Esham
The Nice Book by David Ezra Stein
One Smart Cookie by Amy Kraus Rosenthal
Please is a Good Word to Say by Barbara Joosse
Please Play Safe! by Margery Cuyler
Please Say Please! by Margery Cuyler
The Way I Act by Steve Metzger
Words Are Not for Hurting by Elizabeth Verdick

Bullying/Teasing

Big Bad Bruce by Bill Peet
The Blushful Hippopotamus by Chris Raschka
Bootsie Barker Bites by Barbara Bottner
Chester's Way by Kevin Henkes
Goggles! by Ezra Jack Keats
Hooway for Wodney Wat! by Helen Lester
I Didn't Stand Up by L.M. Falcone
I Walk with Vanessa by Kerascoet
Jungle Bullies by Steven Kroll
The Odious Ogre by Norton Juster
Pinduli by Janell Cannon
You're Mean, Lily Jean by Freida Wishinsky
A Weekend with Wendell by Kevin Henkes

Mindfulness

A Quiet Place by Douglas Wood
Peaceful Piggie Meditation by Kerry Lee MacLean
Play with Me by Marie Hall Ets
Steps and Stones by Gail Silver
Voyage to the Bunny Planet (series) by Rosemary Wells
I Am (series) by Susan Verde

Sadness and Loss

Always and Forever by Alan Durant
Badger's Parting Gifts by Susan Varley
Big Cat Pepper by Elizabeth Partridge
Blackberry Stew by Isabell Monk
Blow Me a Kiss, Miss Lily by Nancy Carlstrom
Everett Anderson's Goodbye by Lucielle Clifton
The Fall of Freddie the Leaf by Leo Buscaglia
A Flag for Grandma by Sally Grindley
Goodbye Mousie by Robert Harris
Grandma's Gone to Live in the Stars by Max Haynes
Harry & Hopper by Margaret Wild
The Purple Balloon by Chris Raschka
Ida, Always by Cam Lewis
The Tenth Good Thing About Barney by Judith Viorst
Too Far Away to Touch by Leslea Newman

Great Series for SEL

Feelings (series) by Sarah Medina
Franklin series by Paulette Bourgeois
How Do Dinosaurs...(series) by Jane Yolen