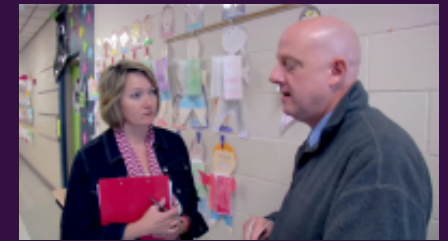


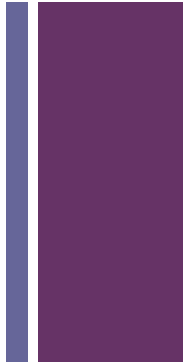


# Building capacity through coaching



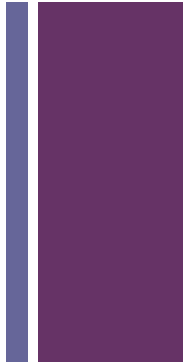
## + Objectives:

- Understand the importance of approaching situations and people with a coaching mindset
- Consider what coaching is and is not
- Define coaching
- HAVE FUN!



+ What do you think of when you hear the term “coaching”?

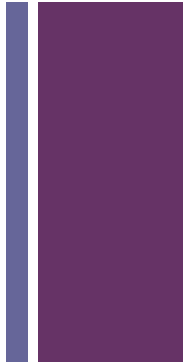
- Write your ideas on the post-its provided
- Share your ideas with a shoulder partner
- Whole group share



# + The Coaching Mindset

A person with a coaching mindset...

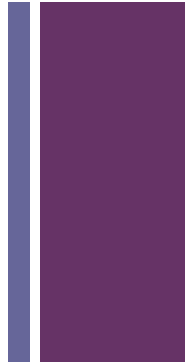
- is a **thinking partner**.
- facilitates the shift from “how we have always done it” to **new possibilities**.
- shifts from listening to respond to **listening to understand**.
- believes in the **capabilities of people**.
- believes in **unlimited results** for the future.



# + What is a coach?

- Non-examples:

- Coaching is not a way to enforce a program.



# + What is a coach?

## ■ Non-examples:

- Coaching is not a tool for fixing people.



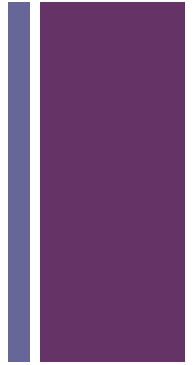
# + What is a coach?

- Non-examples:
  - Coaching is not therapy.



# + What is a coach?

- Non-examples
  - A coach is not a spy.





# + What is a coach?

- Non-examples:
  - Coaching is not consulting.



Aguilar, E. (2013). *The art of coaching: Effective strategies for school transformation*. San Francisco, CA: John Wiley & Sons, Inc.

# + What is a coach?



## + Etymology of “coach”

Hungarian Village of Kocs

```
graph TD; A[Hungarian Village of Kocs] --> B[French term coche]; B --> C[English word coach];
```

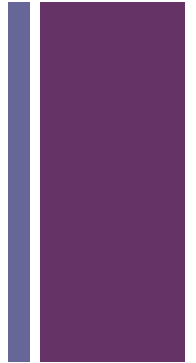
French term coche

English word coach

# + The Coaching Mindset

A person with a coaching mindset...

- is a **thinking partner**.
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October 9-10

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