



# K-12 Learning Resources

EVERFI empowers teachers to bring critical skills education into their classrooms. With digital lessons focused on topics like financial literacy, entrepreneurship, STEM exploration, social-emotional learning, and health & wellness, EVERFI helps schools and educators prepare their students to be successful in the real world. Thanks to hundreds of partners who share this mission, EVERFI provides these resources to K-12 schools and students free of charge.

Resource	Grade Level	Time	Topics Addressed	Curriculum Fit
<b>Elementary School Resources</b>				
<b>Healthier Me - Elementary School</b>	2-4	30 mins.	<ul style="list-style-type: none"><li>○ Basic Food Groups</li><li>○ Well-Balanced Meals</li><li>○ Healthy Habits</li></ul>	Health/Counseling
<b>The Compassion Project</b>	3-5	5 hours	<ul style="list-style-type: none"><li>○ Empathy and Compassion</li><li>○ Mindfulness and Growth Mindset</li><li>○ Identifying Emotions</li></ul>	Health/Counseling
<b>Summer Slugger</b>	4-5	6 hours	<ul style="list-style-type: none"><li>○ Reading Comprehension</li><li>○ Vocabulary</li><li>○ Math Concepts</li></ul>	Reading/Math
<b>Future Goals: Hockey Scholar</b>	4-7	6 hours	<ul style="list-style-type: none"><li>○ Math and Science in Real World</li><li>○ STEM Careers</li></ul>	Math/Science
<b>Vault: Understanding Money</b>	4-6	3 hours	<ul style="list-style-type: none"><li>○ Decision Making</li><li>○ Income &amp; Careers</li><li>○ Savings &amp; Investing</li></ul>	Social Studies/Math
<b>Middle School Resources</b>				
<b>Ignition: Digital Literacy &amp; Responsibility</b>	6-8	3 hours	<ul style="list-style-type: none"><li>○ Digital Footprint</li><li>○ Internet Safety</li><li>○ Cyberbullying</li></ul>	English/Advisory/ Computer Skills/CTE
<b>Healthier Me - Middle School</b>	6-8	45 mins.	<ul style="list-style-type: none"><li>○ Basic Food Groups</li><li>○ Well-Balanced Meals</li><li>○ Nutrition Labels</li></ul>	Health/Advisory
<b>Character Playbook</b>	7-9	4 hours	<ul style="list-style-type: none"><li>○ Understanding and Managing Emotions</li><li>○ Communicating Effectively</li><li>○ Resolving Conflicts</li></ul>	Advisory/Counseling
<b>FutureSmart</b>	6-8	4 hours	<ul style="list-style-type: none"><li>○ Financial Values and Goal-Setting</li><li>○ Budgeting &amp; Opportunity Costs</li><li>○ Risk vs. Return</li></ul>	Social Studies/Math
<b>Endeavor STEM Career Exploration</b>	6-9	2 hours	<ul style="list-style-type: none"><li>○ Engineering Design Process</li><li>○ Interpreting and Analyzing Data</li><li>○ Exposure to STEM Careers</li></ul>	Counseling/STEM/ Career Exploration/ CTE

High School Resources

<b>Venture Entrepreneurial Expedition</b>	7-10	2 hours	<ul style="list-style-type: none"> <li>Thinking Like an Entrepreneur</li> <li>Building a Team and Managing a Business</li> <li>Creative an Effective Business Pitch</li> </ul>	
<b>Honor Code</b>	8-9	1.5 hours	<ul style="list-style-type: none"> <li>Relationships and Leadership</li> <li>Resilience</li> <li>Courage</li> </ul>	Advisory/Counseling
<b>Sandy Hook Promise Say Something</b>	9-12	25 mins.	<ul style="list-style-type: none"> <li>Keeping Schools Safe</li> <li>Recognizing Signs</li> <li>Act Immediately and Say Something</li> </ul>	Health/Advisory
<b>Mental Wellness Basics</b>	9-12	45 mins.	<ul style="list-style-type: none"> <li>What is Mental Health?</li> <li>Symptoms, Disorders, and Illness</li> <li>Coping Strategies</li> </ul>	Health/PE/ Counseling
<b>AlcoholEdu</b>	9-12	3 hours	<ul style="list-style-type: none"> <li>Drinking Laws</li> <li>Alcohol &amp; the Brain</li> <li>Challenging Common Myths</li> </ul>	Health/PE/ Counseling
<b>Prescription Drug Safety</b>	9-12	45 mins.	<ul style="list-style-type: none"> <li>Prescription Drug Basics</li> <li>Addiction &amp; the Brain</li> <li>Refusal Skills</li> </ul>	Health/PE/ Counseling
<b>306: African American History</b>	9-12	2 hours	<ul style="list-style-type: none"> <li>Grit and Perseverance through Leaders and Events</li> <li>Trans-Atlantic Slave Trade</li> <li>Underground Railroad</li> </ul>	Social Studies
<b>EVERFI: Financial Literacy</b>	9-12	8 hours	<ul style="list-style-type: none"> <li>Credit Cards and Interest Rates</li> <li>Financing Higher Education</li> <li>Saving and Investing</li> </ul>	Economics/Personal Finance/CTE

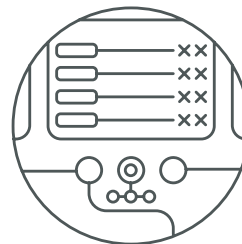
In addition to interactive digital resources aligned to state standards, educators also receive:



Real-time reporting to see students' baseline knowledge and growth



Lesson plans and discussion questions



Access to EVERFI's ever-growing library of digital curriculum



Student scholarship opportunities

Learn more at [www.everfi.com/k-12](http://www.everfi.com/k-12)